

Avon Valley Runners Committee Meeting



Held at TRFC
Tuesday 6th August 2024

Committee members present	
Vicky Bodman	Chair
Tim Burrell	Chair
Dave Hyde	Honorary Secretary
Katie Oliver	Assistant Secretary
Simon Reeves	Treasurer
Andrew Sharett	Off Road Race Secretary
Caroline Scott	AVT Secretary
Martin Russam	Road Race Secretary
Jay Sims-Bagshaw	Welfare Officer and Committee Member

The Chair opened the meeting at 20:17 pm

Item	Minute	Action
1	<p>Welcome and apologies for absence. Declaration of quorum.</p> <p><i>The Chair welcomed all.</i></p> <p><i>Apologies received from: Hayley Anderson (Minutes Secretary), Debbie Ellis (AVR Youth), Sandra Sharrett (Safe Guarding lead), Julian Roughley (Committee Member) & Emma Day (Membership Secretary).</i></p> <p><i>The meeting was declared quorate.</i></p>	
2	<p>Review and Approval of the minutes of the AVR Committee meeting held on 02/07/2024</p> <p><i>The minutes of the AVR Committee meeting held on 2nd July 2024 were approved as a fair and accurate record of the meeting.</i></p> <p><i>Discussion on actions from previous meeting:</i></p> <ul style="list-style-type: none"> - <i>Club Kit price increase has taken place and been communicated to members. DH still needs to find out about access to cupboard downstairs.</i> - <i>Update on EA Grant was given from VB. VB confirmed we were successful and granted £500 towards the notice board.</i> - <i>Update on Summer Social was given in terms of promotion and current ticket sales. Other local clubs have been contacted and ticket sales have launched.</i> - <i>DH has not yet had a response regarding shelving in the lockup.</i> 	DH
3	<p>Reports</p> <p><i>Relevant committee members are encouraged to provide a brief written report / update in advance of the meeting, which are circulated to the committee via the Secretary. Committee then noted and discuss as required.</i></p>	

a. Treasurer's report

Report is attached in appendix 1.

b. Kit Report

No report provided.

c. Off Road Secretary Report

2025/25 Off Road Season is expected to start in October.

Cotswold Relay:

Took place on Saturday 06 July, Gary Macalister and others have reported, so this is a summary. Gary organised two teams and the coordination with organisers. The final places were filled by "borrowing" a couple of runners from a non-competing club. Gary, thank you for your persistence. Great day! 110 teams ran across the 10 leg distance. The early legs were run in very wet and misty conditions but as the day progressed the weather improved, later legs were ran in bright sunshine.

Team AVR1 came in 11th in the open category (and 30th overall) with a time of 15:32:02 (winning time was 12:27:43), Team AVR2 came in 36th in the open category with a time of 19:27:02.

Notable individual performances included: Stage 5: Ed Knusden 1st overall. Stage 10: Ben Mees 12th. Stage 4: Gary Day 12th. Stage 8: Dan Jewell 16th. Stage 3: Gary Macalister 21st. Stage 1 John Naish 36th.

The 2025 Cotswold Relays event will take place on Saturday 05 July.

AVR Off Road Scoring:

Options for off road scoring have been developed for the for the 2024/25 season (and circulated to the committee). The objective is to better reward performance and participation. Once there is a way forward then this will be implemented for 2024/25 season.

Off Road/Trail Callender:

Will be updated and issued over the next couple of weeks. As in previous years, the idea is to include all known reasonably local offroad/trail races (various leagues and non-league) to maximise choices for AVR members

d. Road Secretary Report

After 4 of 8 Road Race League Races (not including final handicap Westbury 5k) our A team are 3rd in Wilts league with our B team 8th.

Ben Mees and Daniel Macpherson are in the top 10 seniors, Gary MacAlister top 10 v40, Darren Messen 2nd v50, George Sawyer top 10 in juniors, Andrew Sharratt top 10 v60 and Peter Campbell 1st in v70.

Annalie Jane top 10 overall & v50, Adrienne Barthram in senior top 10, Sam Grant 2nd v40, Kathryn Sinclair 1st v60, Debbie Ellis 2nd & Hayley Southgate also in the top 10 and Rosemary Barber 1st v70.

The July Westbury 5k we had a paced event and Ed Knudsen 3rd senior, Jen Bennet 3rd v50, Stewart Avery 4th v40, Simon Williams 5th v60, Amelie Higgins 1st senior & Jen Davies 3rd, Sonia Pateman 5th v40 and Diane Hier 1st, Kathryn Sinclair 2nd and Debbie Ellis 3rd v60.

	<p><i>Next up is the Wilts Championship Langley Burrell Lightning Bolt 10k on 11th August followed by the Westbury 5k handicap event on August 13th. Best time across series counts for league.</i></p> <p>e. Membership Report</p> <p><i>No report provided.</i></p> <p>f. Avon Valley Triathletes (AVT) Report</p> <p><i>Swim update - extending for a term and a swim rota beginning. Sara Dewars will be assisting with the coaching too.</i></p> <p><i>Great attendance at Frome tri, less so at Vobster Aquathlon but still fun. Maybe athletes are quite dispersed focussing on their own triathlon goals.</i></p> <p><i>Keith Withers who placed 5th nationally in his age group today at this year's Swim England National Master</i></p> <p>g. AVR Youth Report</p> <p><i>Training has been going very well; however it is now the summer break and we return at the beginning of September.</i></p> <p><i>2. The rota system we have in place is working really well and we have really good communication process in place for parents and coaches.</i></p> <p><i>3. I have spoken to Chloe Penny and her mum regarding her fundraising trip to Butan. We are currently helping Chloe with various initiatives and will support her as she needs it.</i></p> <p><i>4. We have been advertising the Bern Col Relay which we encourage as many of the Youth to come along and join in. I will be pushing that again before the 8th August and hopefully we will see some of them come along.</i></p>	
<p>4</p>	<p>Committee updates and Discussions (Items from the Agenda)</p> <ul style="list-style-type: none"> - New Committee Make Up <p><i>TB and VB put forward a suggestion that committee meetings are reconfigured. A defined core group would continue to meet monthly, with a quarterly full-committee meeting. Everyone would still be welcome to all meetings, but not required monthly and full committee would still be involved in required decision making.</i></p> <p><i>It has been decided that TB and VB will alternate between acting "Chair" and "Vice Chair" in committee meetings.</i></p> <p><i>VB and TB to provide update on this to the committee once discussed.</i></p> <ul style="list-style-type: none"> - Financial Report <p><i>Simon to update report and send after meeting.</i></p>	<p>VB, TB</p>

	<p><i>VB asked Simon to separate the track funding from the Area Board to the committed liabilities to distinguish.</i></p> <p>- Update On Tims Proposal</p> <p><i>TB confirms that 44 people have applied to take part in the Training Programme and all members have now been allocated into groups.</i></p> <p><i>Programme is due to start on 15th August.</i></p> <p>- Track Update</p> <p><i>Maintenance work on the track is starting on Tuesday 27th August and the track will be unusable for one week.</i></p> <p><i>TRFC agreement is currently being reviewed and draft agreement is due to be finalised by the end of the week, TB to review. A meeting will then be scheduled to finalise the new agreement with TRFC in the next week or two.</i></p> <p><i>TB asked SR to provide a record of how much money has been spent on the track maintenance in the last couple of years.</i></p> <p>- EA Grant Application</p> <p><i>VB confirmed the EA Grant was successful and we have been granted £500 to pay for the noticeboard.</i></p> <p>- Summer Social Update</p> <p><i>KO and DH confirm the Summer Social has launched and ticket sales have started. Promotion has started to other local clubs. All committee members need to continue promoting through any opportunity (e.g. club events, shout outs at group runs.)</i></p> <p>- AVT</p> <p><i>CS brought to the committee the issue of raising the profile of the AVT swimming sessions to increase numbers. Options to promote across social media, wider afield than AVR members, were discussed. CS to send KO copy to share.</i></p> <p><i>CS brought new AVT kit options to the committee including design proofs and costings provided from EPIC Custom. CS and AVT have recommended that we switch to EPIC for the AVT kit. Committee decide that the decision can be made by the AVT working group.</i></p> <p>- Off-Road Race Scoring</p> <p><i>AS proposes two options for the AVR off-road race scoring system for committee to decide on which to take forward, ahead of the new season.</i></p> <p><i>Committee decides that the AVR Road Race League and AVR Off-Road Race League should follow the same scoring method.</i></p> <p><i>AS will communicate this with all members in the next two weeks for transparency and a reminder for all members on how the scoring system works.</i></p>	<p>TB, VB</p> <p>SR</p> <p>ALL</p> <p>CS, KO</p> <p>AS</p>
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	<p align="center">- Club Calendar</p> <p><i>DH to add the Summer Social on 8th September.</i></p> <p><i>JS raises the Tony Bartlett Mile to ask the committee if we are looking to arrange for this year. Committee decides to skip event for this year but review again next year.</i></p>	
5	<p>Actions required for Websites (to be sent to Will Hargreaves)</p> <p><i>TB to send bio for Will to add to the Club contacts page</i></p> <p><i>Add the Summer Social to the Club event page - VB</i></p> <p><i>Remove the Tony Bartlett Mile from the Club event page - VB</i></p> <p><i>Add Chair announcement to the news section of the website – KO to send</i></p>	TB, VB, KO
6	<p>AOB</p> <ul style="list-style-type: none"> ● <i>Nothing raised from any committee members</i> 	
7	<p>Committee Meeting Dates for 2024</p> <ul style="list-style-type: none"> - Due to be held at TRFC (Trowbridge) at 8:15pm on the first Tuesday of the month. <ul style="list-style-type: none"> ✘ 3rd September ✘ 1st October ✘ 5th November ✘ 3rd December 	

The Chair closed the meeting at 21:33 pm

Signed:

Date:

Appendix 1 – Income and expenditure report

AVON VALLEY RUNNERS - INCOME AND EXPENDITURE

Jul-2024

Balance b/fwd from:	<u>30-Jun-2024</u>	<u>£ 12,188.07</u>
Income		
Membership	£ 256.50	
EA Subs	£ 40.00	
Presentation Night	£ -	
Other Social	£ -	
Club Kit	£ -	
AVR Half	£ 232.00	
AVR OTH	£ -	
AVR 5k	£ 1,282.00	
Other AVR Races	£ 72.00	
AVT	£ -	
Other Races	£ -	
Special Projects	£ -	
Coaching	£ -	
Volunteers	£ -	
Other	£ -	
Total Income	£ 1,882.50	£ 14,070.57
Expenditure		
EA Subs	-£ 19.00	
Membership	-£ 11.78	
Presentation Night	£ -	
Other Social	£ -	
Club Kit	-£ 1,224.00	
AVR Half	-£ 11.60	
AVR OTH	-£ 114.00	
AVR 5k	-£ 745.10	
Other AVR Races	-£ 195.00	
Other Races	-£ 72.00	
AVT	£ -	
Other	-£ 49.59	
Coaching	£ -	
Volunteers	£ -	
Special Projects	£ -	
Fees	-£ 355.79	
Tfr to Deposit A/C	£ -	
Total Expenditure	-£ 2,797.86	
Balance as at:	<u>31-Jul-2024</u>	<u>£ 11,272.71</u>

Cash Reconciliation		
<u>Nos</u>		
£ 20.00	£ -	
£ 10.00	£ -	
£ 5.00	£ -	
£ 2.00	£ -	
£ 1.00	£ -	
£ 0.50	£ -	
£ 0.20	£ -	
£ 0.10	£ -	
£ 0.05	£ -	
£ 0.02	£ -	
£ 0.01	£ -	
Cash	£ -	
Cheques		
Inc Cheques	£ -	
As at: 31-Jul-2024		

Unpresented Cheques:		
	£ -	
	£ -	
	£ -	
	£ -	
	£ -	
Total	£ -	

Sub Accounts:		
AVT	£ 38.48	
Future Projects	£ -	
Sub Accounts Total	£ 38.48	
Budgets:		
Fees	£ 2,077.86	
Coaching	£ 1,297.52	
Volunteers	£ -	
Social	£ 1,000.00	
Presentation Night	£ 312.07	
Budgets Total	£ 3,077.86	

Committed Liabilities		
	£ -	
	£ -	
	£ -	
	£ -	
	£ -	
	£ -	
Total	£ -	

Available Balance	£ 8,156.37
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Financial Status	
Bank account	£ 11,272.71
Money to be banked	£ -
Unpresented Cheques	£ -
Ledger Balance	<u>£ 11,272.71</u>
Balance in Deposit acc	£ 5,165.77
Total cash assets	£ 16,438.48
Stock of Club kit	£ 2,500.00
Cash held by EntryCentral	£ 50.00
Cash held by AVT	£ 1,417.69
Fixed Assets	£ 1,539.00
Total assets	£ 21,945.17