# Avon Valley Runners Committee Meeting

## Held at TRFC on Tuesdays 11th April 2023



| Committee members present |                         |  |  |
|---------------------------|-------------------------|--|--|
| Sara Robert               | Chair                   |  |  |
| Dave Hyde                 | Honorary Secretary      |  |  |
| Caroline Scott            | AVT                     |  |  |
| Simon Reeves              | Honorary Treasurer      |  |  |
| Andrew Sharratt           | Off Road Race Secretary |  |  |
| Martin Russam             | Road Race Secretary     |  |  |
| Hayley Anderson           | Minutes Secretary       |  |  |
| Jay Simms-Bagshaw         | Safeguarding Lead       |  |  |
| Debbie Ellis              | AVR Youth               |  |  |
| Emma Day                  | Membership Secretary    |  |  |
| Vicky Bodman              | Vice Chair (Via video)  |  |  |
| Also                      | o present               |  |  |
|                           | -                       |  |  |

The Chair opened the meeting at 20:23 pm

| ltem | Minute  | Action |
|------|---|--------|
| I    | Welcome and apologies for absence. Declaration of quorum.   |        |
|      | The Chair welcomed all.   |        |
|      | NO Apologies received   |        |
|      | The meeting was declared quorate.   |        |
| 2    | Review and Approval of the minutes of the AVR Committee meeting held on 07/02/2023  |        |
|      | The minutes of the AVR Committee meeting held on 11 <sup>th</sup> April 2023 were approved as a fair and accurate record of the meeting.  |        |
| 3    | Reports   |        |
|      | Relevant committee members are encouraged to provide a brief written report / update in advance of the meeting, which are circulated to the committee via the Secretary. Committee then note and discuss as required. |        |
|      | a. Treasurer's report   | SR     |
|      | SR has provided a copy of the Income and expenditure report for April 2023. A copy of this report can be found in appendix one.   | 31     |
|      | SR went through all the expenditures with the committee   |        |
|      | b. Kit report   |        |
|      | None.   | MR     |
|      | c. Road Secretary Report  | PIK    |

| d. Membership Secretary report   | -   | cs |
|--|---|----|
| Cotswold Relay coming up, this is a free event.  |   |    |
| - <b>Off Road Secretary Report</b><br>AS reported the following:   |   |    |
| time of 2:27:03), Josh Taylor, Diane Hier, Fior<br>Drew Holloway, Andrew Chappell, Katy Nickle<br>Guy, Terri Diddi Duddy and Adewale Kadiri.<br>> Massive kudos to all our marathoners!                      |   |    |
| race of their choice. The club is also aiming to<br>these races when available (can all who are ru<br>like a minibus place) and look at other ways in  | gue fixtures will go into a draw to win a free AVR<br>provide free minibus travel for all members to<br>unning confirm on my event page and say if you'd<br>n recognising runners who do the 6 out of the 8 |    |
| you there!<br>I'll post upcoming May Road Races to keep us   | s ticking over at beginning of month.   |    |
|  | with minibus confirmed), quickly followed by<br>WRRL5 The Great Chalfield 10k 29th June. See  |    |
|  | s! Loads of great performances with Robin Mark<br>lo Farion 2nd in Vet 40 category with a time of<br>tegory with a time of 1:00:00:52.  |    |
| We had 3 runners in the top 10 with Tom Gu<br>a time of 1:18:40<br>> Dan Jewell 10th in a time of 1:22:56<br>> Fiona Price was 1st in her age group! with a<br>> Simon Reeves 3rd in his age group with a ti |   |    |
| Devizes Half Marathon, the first Wiltshire Ro<br>great running:  | oad Race of season. It had hills & wind with some   |    |

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| Membership Stats   | March | April |
|--|-------|-------|
| Number joined in month                                       | 147   | 39    |
| Number of brand new members this month                       | 10    | 3     |
| Number of EA members this month                              | 84    | 21    |
| Number of Life Members                                       | 25    | 25    |
| Total number of members this year                            | 211   | 250   |
| Total number of paying members this year                     | 186   | 225   |
| Total number of EA members this year (inc changes to claims) | 105   | 126   |
| Total brand new members this year                            | 22    | 25    |
| Total Number of Youth this year                              | 18    | 21    |
| Total Number of SEN this year                                | 34    | 45    |
| Total Number of V40 this year                                | 50    | 56    |
| Total Number of V50 this year                                | 55    | 66    |
| Total Number of V60 this year                                | 37    | 44    |
| Total Number of V70 this year                                | 11    | 12    |
| Total Number of V80 this year                                | 6     | 6     |

#### e. Avon Valley Triathletes (AVT)

#### AVT report

- The following events have seen AVT participation: Southampton Fast Twitch, Kinetic One time trails, Oldbury White Horse Triathlon, Taunton Flyer, Avon Aquathlon, Duathlon at Castle Combe, and the Taurus Beast Duathlon... and I am sure a few more. It's difficult to keep track!
- Oldbury White Horse Triathlon an amazing turn out of about 20 AVT athletes... we will be flying the new AVT feather banner!
- 51 Fiver is in the last stages of organisation where we see 33 athletes joining the relay and another 6 as solo entries
- AVT focus events for the coming months:

|                           |                | <u> </u>               |                   |
|---------------------------|----------------|------------------------|-------------------|
| Date                      | Event<br>Type  | Event Name             | AVT Lead          |
|                           |                |                        |                   |
| 21/5/23                   | Triathlon      | 51 Fiver               | Caroline<br>Scott |
| 25/6/23                   | Triathlon      | Frome Triathlon        | Annalie<br>Ibison |
| 30/6-2/7/23               | Multiple       | Long Course<br>Weekend | Caroline<br>Scott |
| July - September<br>(TBC) | Time<br>Trials | Kinetic 10 mile TT     | Alan Best         |
| 4-6/8/22                  | Triathlon      | Centurion              | Annalie<br>Ibison |

• AVT swim is proving helpful for those newer to tri to practice for upcoming events. We have recently seen more swimmers join who have previously not had the confidence to take part.

|     | •    | Segment of the Year has begun, and the first scores have been submitted. It would be wise for<br>us to promote this a little further. We are considering including some of the segments in 'Cycle<br>to Breakfast'.  |  |
|-----|------|--|--|
| f.  |      | AVR Youth  |  |
|     |      | ort for this month due to Easter Holiday and bank holiday weekends there are not been<br>essions   |  |
| 4 C | Comr | nittee discussion  |  |
|     |      |  |  |
|     | a.   | <b>Treasurer report</b><br>Simon talked through the accounts, explained that he still going to adapt the way AVT<br>finances are reported.   |  |
|     |      | Money has been put aside for track refurbishments  |  |
|     | Ь.   | AVR Relay  |  |
|     |      | There has been discussion around postponing this event this year and making it a Bi<br>Year due to clashes with other races.   |  |
|     |      | Website to be updated and announcement to be made  |  |
|     | c.   | Website log in   |  |
|     |      | Access issues to the website once membership has expired. It was set up in order to claim races that people have taking part in. It was set up as vision and a great idea however it doesn't seem to working in the way that it was expected. We now need to understand what the value is for the extra feature. |  |
|     |      | Do we need to have an expiry date on this log in page? Committee agreed to change this to not expire.  |  |
|     | d.   | Update on Minibus for Road Race and other bits   |  |
|     |      | Minibus was successful for the trip to Corsham and booked again for Broad Town 5 miler.  |  |
|     |      | Holt minibus has also been booked for the rest of the league races apart from Great<br>Charfield.  |  |
|     |      | Two races so far this month, 12 attended Devizes half, Corsham had 61 attendees with some great times and lots of PBs.   |  |
|     |      | A note that we need to make sure that anyone taking part in the road league races wears AVR running tops.  |  |
|     | e.   | Track Championships  |  |
|     |      | 19 <sup>th</sup> July – Championships up at Bath university. We need to find a working group to<br>organise this<br>Jay has agreed to take the lead on organising this event.  |  |
|     | f.   | <b>Bingo</b><br>23rd June club BINGO to help raise funds for the track. Shout out at run nights<br>to advertise the events and ask for raffle prizes.  |  |

|   | Vicky to do the poster.  |  |
|---|--|--|
|   | АОВ  |  |
|   | A. Oldbury Tri – Caroline gave a massive shout out to all the great results at the<br>Oldbury  |  |
|   | <ul> <li>B. Sarah confirmed that AVT can have their own section on the AVR website</li> <li>C. Emma Day advised there are still a few people that have not renewed<br/>membership, so a shout out needs to be done. It expired 31<sup>st</sup> March.</li> </ul> |  |
|   | D. Club Captains – Martin posted out to advertise for club captains' roles to help<br>support the league roles. This is a great addition to have this support and<br>Martin will announce names once these have been confirmed.                                  |  |
|   | E. Gary MaCallister – has been offered £500 from his work to go towards prizes<br>for the Westbury 5K  |  |
|   | F. Awards for awards presentation night – we need to agree what awards we<br>want for this, including celebrating volunteers more this year. Vicky Bodman to<br>find out who want to lead on this.   |  |
|   | G. We need to create an agenda for a list of website updates that are needed<br>every meeting so that we cover/ minutes updates required. This is page editing<br>and adding data.   |  |
| 6 | Committee Meeting Dates for 2023   |  |
|   | - All due to be held at Trowbridge Rugby Club at 8.15pm on the first Tuesday of the month.   |  |
|   | 💢 Tuesday 6 <sup>th</sup> June 2023  |  |
|   | 💢 Tuesday 4 <sup>th</sup> July 2023  |  |
|   | ¤ Tuesday Ist August 2023  |  |
|   | X Tuesday 5 <sup>th</sup> September 2023   |  |
|   | X Tuesday 3 <sup>rd</sup> October 2023   |  |
|   | X Tuesday 7 <sup>th</sup> November 2023  |  |
|   | Tuesday 5th December 2023  |  |

The Chair closed the meeting at 21:23  $\ensuremath{\text{pm}}$ 

Signed: .....

Date: .....

### Appendix one – Income and expenditure report

| AVON VALLEY RUNNERS - IN   | ICOME AND EXPL | ENDITURE         |                                | Mar-23      |                            |             |
|--|----------------|------------------|--------------------------------|-------------|----------------------------|-------------|
| Balance b/fwd from:  | 28-Feb-2023    |                  |                                | £ 14,072.26 | Cash Reconciliation        |             |
|  |                |                  |                                |             | Nos                        | I           |
| Income   |                |                  |                                |             |                            | I           |
| Membership   | 6              | 2,762.50         |                                |             | £ 20.00                    | £ .         |
| EA Subs  |                | 1,088.00         |                                | I           | £ 10.00                    | £ .         |
| Presentation Night   | É              | -                |                                | I           | £ 5.00                     | £ .         |
| Other Social   | É              |                  |                                | I           | £ 2.00                     | £ .         |
| Club Kit   | É              | 262.00           |                                | I           | £ 1.00                     |             |
| AVR Half   | £              | 262.00           |                                | I           |                            |             |
| AVR Har  | -              | -                |                                | I           |                            | £ .<br>£ .  |
|  | £              | -                |                                | I           | £ 0.20                     |             |
| AVR 5k   | £              | 57.00            |                                | I           | £ 0.10                     | £ -         |
|  |                |                  |                                | I           | £ 0.05                     | £ -         |
| Other AVR Races  | £              |                  |                                | I           | £ 0.02                     | £ -         |
|  |                |                  |                                | I           | £ 0.01                     | £ -         |
| AVT  | £              | -                |                                | I           |                            |             |
| Other Races  | £              | -                |                                | I           | Cash                       | -           |
| Special Projects   | £              | -                |                                | I           | Cheques                    | £ -         |
| Coaching   | £              | -                |                                | I           |                            | I           |
| Volunteers   | £              | -                |                                | I           |                            |             |
| Other  | £              | -                |                                | I           | Inc Cheques                |             |
|  |                |                  |                                | I           | As at                      | 31-Mar-2023 |
| Total Income   | £.             | 4,169.50         |                                | £ 18,241.76 |                            |             |
|  | _              |                  |                                |             | Unpresented Cheques:       |             |
| Expenditure  |                |                  |                                | I           |                            | £ - 3       |
| EA Subs  |                | -£               | 48.00                          | I           |                            | £ - 3       |
| Membership   |                | -£               | 154.02                         | I           |                            | £ - 3       |
| Presentation Night   |                | -£               | 984.60                         | I           |                            | £ - 3       |
| Other Social   |                | £                | -                              | I           |                            | £ - 2       |
| Club Kit   |                | -£               | 4.40                           | I           | Total                      | £ - 2       |
| AVR Half   |                | ÷                | 1,877.57                       | I           | 10181                      | -           |
| AVR OTH  |                | -£               | 130.00                         | I           | Sub Accounts:              |             |
| AVR OTH  |                | £                | 130.00                         | I           | Sub Accounts.              | I           |
| AVE DE   |                | r.               |                                | I           | AVR Juniors                | -£ 80.00    |
| Other AVR Races  |                | £                |                                | I           |                            |             |
| Other Races  |                | £                |                                | I           | Special Projects           | £ -         |
| Other Races  |                | E.               | -                              | I           |                            |             |
|  |                |                  |                                | I           | Sub Accounts Total         | -£ 80.00    |
| AVT  |                | -£               | 210.00                         | I           |                            | I           |
| Other  |                | -£               | 59.80                          | I           | Budgets:                   | I           |
| Coaching   |                | £                |                                | I           | Fees                       | £ 3,781.00  |
| Volunteers   |                | £                |                                | I           | Coaching                   | £ 2,460.25  |
| Special Projects   |                | £                |                                | I           | Volunteers                 | £ 1,000.00  |
| Fees   |                | -£               | 519.00                         | I           | Social                     | £ 628.00    |
| Tfr to Deposit A/C   |                | £                |                                | I           | Presentation Night         | -£ 408.57   |
|  |                |                  |                                | I           |                            | I           |
| Total Expenditure  | _              | Æ                | 3,987.39                       | I           |                            |             |
|  | -              |                  |                                | I           | Budgets Total              | £ 7,869.25  |
| Balance as at:   | 31-Mar-2023    |                  |                                | £ 14,254.37 |                            |             |
|  |                |                  |                                |             | Committed Liabilities      |             |
|  |                |                  |                                |             |                            |             |
| Financial Status   | -              |                  |                                | I           |                            | £ -         |
| Bank account   |                | £                | 14,254.37                      | I           |                            | £ -         |
| Money to be banked   |                | £                |                                |             |                            | £ -         |
|  |                | £                |                                |             |                            | £ -         |
| Unpresented Cheques  |                | £                | 14,254.37                      | I           |                            | £ -         |
| Ledger Balance   |                |                  |                                |             |                            |             |
| Ledger Balance<br>Balance in Deposit acc   |                | £                | 5,051.40                       |             |                            | £ -         |
| Ledger Balance   |                |                  | 5,051.40<br>19,305.77          |             | Total                      | £ -<br>£ -  |
| Ledger Balance<br>Balance in Deposit acc   |                | £                |                                |             | Total                      |             |
| Ledger Balance<br>Balance in Deposit acc<br>Total cash assets  |                | £                | 19,305.77                      |             | Total                      |             |
| Ledger Balance<br>Balance in Deposit acc<br>Total cash assets<br>Stock of Club kit                                     |                | 2<br>£<br>£      | 19,305.77<br>3,305.00          |             |                            | £-          |
| Ledger Balance<br>Balance in Deposit acc<br><b>Total cash assets</b><br>Stock of Club kit<br>Cash held by EntryCentral |                | 2<br>2<br>2<br>2 | 19,305.77<br>3,305.00<br>50.00 |             | Total<br>Available Balance |             |