

# Avon Valley Runners Committee Meeting

Held at Trowbridge Rugby Club on  
Tuesday 4<sup>th</sup> October 2022



Committee members present	
Carole Alston	Safeguarding Lead
Martin Bull	Minutes Secretary
Debbie Ellis	JAVR Secretary
Michael Guy	Off Road Race Secretary
Dave Hyde	Honorary Secretary & Vice-Chair
Gemma Knudsen – <i>In Part</i>	Road Race Secretary
Sara Robert	Chair
Caroline Scott	Multi Sport Secretary
Sheona Yellowlees	Honorary Treasurer
<b>Also present</b>	
Vicky Bodman – <i>In Part</i>	Invited AVR Member

The Chair opened the meeting at 20.32 pm

Item	Minute	Action
1	<p><b>Welcome and apologies for absence. Declaration of quorum.</b></p> <p>The Chair welcomed all.</p> <p>Apologies for absence were received from Emma Day (Membership Secretary (Admin)).</p> <p>Noted that shortly after the September Committee meeting, Joby Hobbs and Jackie Rockcliffe both resigned as Committee Members with immediate effect.</p> <p>The meeting was declared quorate.</p>	
2	<p><b>Review and Approval of the minutes of the AVR Committee meeting held on 02/09/2022</b></p> <p>The minutes of the AVR Committee meeting held on 6<sup>th</sup> September 2022 were approved as a fair and accurate record of the meeting, except that Item 05, should read “DE left at this point in the meeting...”, not CE.</p>	
3	<p><b>Reports</b></p> <p>The relevant committee members were encouraged to provide a brief written report / update in advance of the meeting, which could be circulated to the committee via the Secretary. Committee can then note and discuss as required.</p> <p><b>a. Treasurer’s report</b></p> <p>None.</p> <p><b>b. Kit report</b></p> <p>None.</p> <p><b>c. Membership Secretary report</b></p>	

ED's membership report (given below) had been emailed to the committee before the meeting:

- 26 joined in September, including 19 brand new members.
- 2 of those that joined in September also applied for EA membership.
- As of the 29<sup>th</sup> September there were 358 members, which includes 25 life members (so 333 paying members).
- Of the 358, 165 have applied for EA membership as well.
- 54 of the 358 are new members this year.

**d. Club captain reports**

**- Road**

GK's report had been emailed to the committee before the meeting, which was as follows; "We had the final fixture of the road league, Devizes 10k. We had 29 AVR runners there after some great efforts at promoting it by some committee members and club coaches. There was a great atmosphere amongst the AVR members and great efforts by everyone. AVR did pick up quite a few of the prizes on the day but sadly we didn't quite score enough points to win the league so Royal Wootton Bassett Hounds have taken the title. I'm just working out the final scores and awards for our AVR league and will get them published this week."

**- Off Road**

MG's report had been emailed to the committee before the meeting, which was as follows; "September was fairly quiet for off-road running with the Mells Scenic 7 cancelled and a scant turnout for the Chedworth trail that was its replacement.

Sunday October 2nd saw the first of the 22/23 off road (WORL) fixtures, the Brinkworth Bash. AVR had a small turnout, which was not surprising as so many other major races were taking place on the same day.

This is also the first race in the 22/23 AVR Off-road championship and whatever number we're on for 2022, hope to update the spreadsheet at the weekend.

The next fixture is the White Horse Gallop on 16th October, the same day as Bath HM, Great South Run and Oxford HM, so I'm not expecting a massive turnout there either.

The missing race from 2022 is the Dark Valley night race; a real leveller."

**- Avon Valley Triathletes (AVT)**

CS's report had been emailed to the committee before the meeting. As it was detailed it hasn't been repeated here.

**e. AVR Youth**

DE's report had been emailed to the committee before the meeting, which was as follows; "AVRY only returned to the track 3 weeks ago after a long summer break.

We have a few new members and coaching is going well.

We have new training plans set up until Christmas to progress AVRY as they get ready to start the Cross Country Season."

**f. Working group reports**

Vicky Bodman kindly attended the meeting to give updates on two working groups, and to discuss progress and recommendations.

**I - AVR Presentation Night - 4th February 2023**

	<p>The Trowbridge Civic Centre would cost £2,272. 100 tickets at £20 would therefore get close to covering that cost.</p> <p>Noted that the circa £1,000 for trophies doesn't come from this budget as it will always be needed in some shape or form, whatever type of presentation is undertaken.</p> <p>VB thinks we need a budget of £1500.</p> <p>Have looked at other local venues. None are available. Trowbridge RFC is not available on a Saturday night.</p> <p><i>GK joined the meeting at this point – 20.40pm</i></p> <p>VB wants to book the venue ASAP, and to promote the date and event now, so as to give people time to plan / pay, rather than waiting to nearer Christmas as people may then not have the budget.</p> <p>Want to take payment by bank transfer rather than Entry Central because of the costs involved with the latter.</p> <p>SY and others were concerned at the above costs / figures, and how it seemed to be backtracking away from the request by the September committee meeting for economies to be made.</p> <p>Noted that there is apparently a second caterer that can provide food at the venue, so an alternative offer / better price could be possible. VB will investigate.</p> <p>Agreed on Trowbridge Civic Centre on Saturday 4th February 2023, at £25 a ticket.</p> <p>SR is looking at inviting Jo Pavey to give out the awards etc.</p> <p style="text-align: center;"><b>2 – AVR Half Marathon - Sunday 27th November 2022</b></p> <p>147 entries so far, which is already 'break even' point, and expecting more. Traditionally runners often sign up quite late, after the early autumn runs are over.</p> <p>£2k+ has been committed in sponsorship.</p> <p>Can order t-shirts up to three weeks before the date of the run.</p> <p><i>VB left the meeting at this point – 20.54pm</i></p>	SR
4	<p><b>Committee updates and discussion</b></p> <p><b>a. Welcome to New Committee &amp; Existing Roles</b></p> <p>The Emergency General Meeting (EGM) took place at TRFC on Tuesday 27th Sept 8.30pm.</p> <p>Sara Robert was elected as Chair, after receiving more votes than the other candidate, Anthony Hickson. Dave Hyde was elected unopposed as Honorary Secretary, and has become Vice-Chair as well.</p> <p><b>b. Financial Update</b></p> <p>SY wants to go through budgets with DH.</p> <p>SY reported that the pricing of AVR running kit needs to go up as costs have increased. AGREED new prices - £23 t-shirt / £21 vest. To take affect at the end of October, so people can be given notice of the intended rise.</p> <p>DH will inform Colin Sawyer.</p> <p><b>c. Presentation Night</b></p> <p>See above (Item 4f).</p> <p><b>d. XC League</b></p> <p>AVR attendance at the Gwent XC League is usually low, partly due to the distances involved.</p> <p>AGREED to also affiliate to the Gloucestershire XC League. Cost is circa £25. Then AVR members can still go to Gwent fixtures if they prefer.</p>	Treasurer / Secretary  Secretary

	<p>Will promote both sets of dates.  First date for Gwent = Sat 15<sup>th</sup> October – Cardiff.  First date for Gloucestershire = Sat 5<sup>th</sup> Nov – Cirencester Park  Dave Bagshaw and Chris Redshaw have agreed to organise these.</p> <p><b>e. TRFC Agreement</b></p> <p>An agreement has been received from TRFC.</p> <p>SY has annotated / added parts / added several questions and sent to the Chair and Secretary. No-one else has been involved yet. Clarity is needed.</p> <p>DH reported that TRFC want this done ASAP, but it seems like a lot of work is needed on it first</p> <p>Agreed that we need to talk to Chris at TRFC again. SY needs some information from Chair / Secretary first.</p> <p>Chair will also speak to Warren Wade as he was Chair at the time AVR started using TRFC and knows about the history.</p>	<p><b>Treasurer / Chair / Sec</b></p> <p><b>Chair</b></p>
<p><b>5</b></p>	<p><b>AOB</b></p> <ul style="list-style-type: none"> <li>• <b>AVT memberships</b></li> </ul> <p>CS heard that in the past we've always had Cycling Time Trials (CTT) membership, and asked if we would join again.</p> <p>SY reported that the only item in the budget is circa £150 for British Cycling membership.</p> <p>Also would like to take out British Cycling club membership, circa £94.</p> <p>If AVT are not members of these we cannot enter events as AVT.</p> <ul style="list-style-type: none"> <li>• <b>Star Vests</b></li> </ul> <p>Chair asked for ideas of how to make something special to celebrate the recent notable achievements / records of several AVR runners, especially Jackie Rockcliffe (1<sup>st</sup> Female Vet 50 at London Marathon), Robin Mark-Schols, and Diane Heir.</p> <ul style="list-style-type: none"> <li>• <b>Use of Run Together</b></li> </ul> <p>Noted that although this has caused a lot of friction, it needs to be used, at the minimum, for the track sessions as it gives access to information about group members. Run Together is not a COVID hangover; it is a way to organise information. If we aren't going to use it, we will need to find some other way to do it. The bottom line is that we need a database so run leaders know who are on the run with them.</p> <p>Don't need an answer yet. Please think about it.</p> <ul style="list-style-type: none"> <li>• <b>First Aid Training</b></li> </ul> <p>Reported that we are still waiting for TRFC to organise the course.</p>	
<p><b>6</b></p>	<p><b>Remaining Committee Meeting Dates for 2022</b></p> <ul style="list-style-type: none"> <li>- <b>All due to be held at Trowbridge Rugby Club at 8.30pm on the first Tuesday of the month.</b></li> </ul> <ul style="list-style-type: none"> <li>❖ Tuesday 1<sup>st</sup> Nov</li> <li>❖ Tuesday 6<sup>th</sup> Dec</li> </ul>	

*The Chair closed the meeting at 21.46 pm*

Signed: .....

Date: .....