

Avon Valley Runners Committee Meeting

Held at TRFC on
Tuesday 6th June 2023



Committee members present	
Sara Robert	Chair
Dave Hyde	Honorary Secretary
Caroline Scott	AVT
Simon Reeves	Honorary Treasurer
Andrew Sharratt	Off Road Race Secretary
Martin Russam	Road Race Secretary
Hayley Anderson	Minutes Secretary
Also present	
Drew Hollyway	GG Getters

The Chair opened the meeting at 20:21 pm

Item	Minute	Action
1	<p>Welcome and apologies for absence. Declaration of quorum.</p> <p><i>The Chair welcomed all.</i></p> <p><i>Apologies received Emma Day (membership Secretary), Jay Simms-Bagshaw (safe guarding lead), Debbie Ellis (AVR Youth) & Victoria Bodman</i></p> <p><i>The meeting was declared quorate.</i></p>	
2	<p>Review and Approval of the minutes of the AVR Committee meeting held on 05/05/2023</p> <p><i>The minutes of the AVR Committee meeting held on 5th May 2023 were approved as a fair and accurate record of the meeting.</i></p>	
3	<p>Reports</p> <p><i>Relevant committee members are encouraged to provide a brief written report / update in advance of the meeting, which are circulated to the committee via the Secretary. Committee then note and discuss as required.</i></p> <p>a. Treasurer's report</p> <p><i>SR has provided a copy of the Income and expenditure report for May 2023. A copy of this report can be found in appendix one.</i></p> <p><i>SR went through all the expenditures with the committee</i></p> <p>b. Kit report</p> <p><i>Hayley Chapman is now Kit manager taking over from Colin. Hayley has provided a list of stock levels which can be found below. The AVR youth Kits also needs to be included. Sara Robert will look at what stock she has.</i></p>	<p>SR</p> <p>MR</p>

AVR FINAL STOCK TAKE

STOCK as at 17-MAY-23

Ladies - T-Shirt - XS	4	Mens - T-Shirt - XS	4
Ladies - T-Shirt - S	7	Mens - T-Shirt - S	5
Ladies - T-Shirt - M	8	Mens - T-Shirt - M	4
Ladies - T-Shirt - L	5	Mens - T-Shirt - L	2
Ladies - T-Shirt -XL	4	Mens - T-Shirt -XL	4
Ladies - T-Shirt - XXL	3	Mens - T-Shirt - XXL	5
Ladies - T-Shirt - 3XL	2	Mens - T-Shirt - 3XL	3
	33		28
Ladies - Vest - XS	4	Mens - Vest - XS	5
Ladies - Vest - S	3	Mens - Vest - S	2
Ladies - Vest - M	7	Mens - Vest - M	0
Ladies - Vest - L	13	Mens - Vest - L	1
Ladies - Vest - XL	4	Mens - Vest - XL	5
Ladies - Vest - XXL	5	Mens - Vest - XXL	4
Ladies - Vest - 3XL	2	Mens - Vest - 3XL	2
	38		19
Ladies - Crop - S	1	Total	126
Ladies - Crop - M	7		
	8		
AVR Hi-Vis Jacket		AVR Regatta Jacket	
Small	0	Small	4
Medium	2	Medium	4
Large	0	Large	3
AVR LED Beanie	1		

AS

CS

c. **Road Secretary Report**

Road Race Report:

No league races in May but we had a successful first Westbury 5k AVR Open event (although a little wet!).

Lots of AVR ran or volunteered at the Coronation 5k.

There were also some great performances at Bristol Half.

Lastly some midweek events were well supported at the Lacock Relay and the Prosecco & Cake run.

Plan for June is to promote the 3 League races (Broadtown 5, Heddington 5k & Gt Chalfield 10k). Also we have the second Westbury 5k, South West 5k, Yeovilton 5k, Golden Mile (& 5k) at Gosport, Lacock and Taunton Relays.

- Off Road Secretary Report

AS reported the following:

Two local events in the month (non-league):

- Dilton Dash: 6 AVR were on the line for this 10km local race very much a multi terrain event in excellent conditions. Gary Day came in 5th overall.
- Bratton Hilly: 15 AVR on the line for this local 11km race, great weather and ground conditions. Rosemary Barber took first V70 lady and Kathy Kinsey took first V60 lady.

WORL are now starting to look at races for the 23/24 season and are seeking suggestions. We have put in for Over the Hills. Other suggestions from within the WORL forum include Lungbuster, Terminator, Avebury 8, Slaughterford, White Horse Gallup and SMaRTT Smasher. As before, 8 races make up the league. Races should be local to Wiltshire, and hosted by local clubs, small charities or businesses. Races must be between October 23 and March 24.

d. Membership Secretary report

Membership figures for May

Membership Stats	January	February	March	April	May
Number joined in month	6	33	147	39	37
Number of brand new members this month	4	8	10	3	11
Number of EA members this month	4	14	84	21	16
Number of Life Members	25	25	25	25	25
Total number of members this year	31	64	211	250	287
Total number of paying members this year	6	39	186	225	262
Total number of EA members this year (inc changes to claims)	4	19	105	126	142
Total brand new members this year	4	12	22	25	36
Total Number of Youth this year	2	6	18	21	25
Total Number of SEN this year	4	10	34	45	57
Total Number of V40 this year	2	11	50	56	66
Total Number of V50 this year	6	12	55	66	74
Total Number of V60 this year	3	9	37	44	47
Total Number of V70 this year	8	10	11	12	12
Total Number of V80 this year	6	6	6	6	6

e. Avon Valley Triathletes (AVT)

- Incredible turnout at the Cotswold 51Fiver relay - 35 people in total. Some AVT members are also entering under other clubs so this number does not include them. Those entering races as other clubs or

running in other club kit do not feature in the AVT league results. It is also difficult to extract data on these competitors for the newsletter as we can't easily find them.

- AVT League results are now accessible on the AVT landing page of the AVR website: <https://www.avonvalleyrunners.org.uk/avt>
- We are getting many age group podium places including: Will Whitmore (1st) in Royal Wootton Bassett Sprint Triathlon, Sue Porto (1st) and Andy Jeffries (1st), Annalie Ibison (3rd) Kenetic one Time Trials, Simon Willians (2nd), Tom Gurney (3rd overall) - 51 Fiver and many more ... no doubt more will follow over the season
- AVT transition coaching is under discussion with the working group. A location has been sort and Diane Heir has agreed to coach - we are just awaiting some dates.
- The open water season is now fully in action as the water has warmed and regular trips to Vobster are back on track. Informal AVT socials are happening up there most Fridays.
- The next AVT focus event is Frome and many newcomers to tri have entered ... There is a Go tri section which is not only cheaper for some but also more accessible to those less confident in the water and on the bike.
- AVT coached swim continues to be excellent and is maintaining good momentum. Some less confident front crawl swimmers have tried and been catered for in the slower lane.

f. AVR Youth

No report this month

4

Committee discussion

1. Treasures Report - Simon talked through the accounts which can be found in appendix 1.

2. DB Max Westbury

Committee to speak to DB Max regarding incorrect the incorrect timing that happened at the first Westbury 5k to see if we can get a discount on a future event. The timing at this event was out by 5 seconds which impacted competitors times who thought they had a PB when they were in fact 5 seconds slower.

3. Historic results on website Si R

These are on the website, however not searchable. It would be good to make this clearer. The search function needs to be updated.

4. AVT

- Possibility of the AVT logo and subtitle on the AVR website – committee agreed that would be a good idea
- AVR constitution and application of this to the AVT working group: “Avon Valley Triathletes (AVT) is a separately financially accountable section of the club that is responsible for all multi-sport involvement. It is managed by the AVT working group, headed by the Multi-sport Secretary who also sits on the Avon Valley Runners Committee”

4. Volunteer Awards

England Athletics awards are coming up. We need to look at what the categories. This needs to be added to the July meeting.

5. Club Captains. SR – MR

The committee have suggested that as we are halfway through the season it would make sense to park this and look at getting captains in readiness for next year.

6. Off road – October to March

What races we want to put forward for the 23/24 off road league. Over the Hills will be put forward.

Are there any other events (not necessarily our own). Committee suggested White Horse Gallop

Also think we should encourage local organised races (help keep them going) and lower cost entry races (simpler) – thoughts on these topics welcome.

7. Kit Stock - concerned over stock levels as below. – Concern over men’s vest, Dave to speak to Hayley over what we need to order.

8. Goal Getters from Drew Holloway - the committee read the following before tonight meeting:

Goal Getters Medals for February 2024 (23/24) Context: Goal Getters have had the same medal design since 2018. AVR members have requested a new medal design to continue incentivisation of participation, especially for those who partake year on year. Key feedback was received on the following areas: • Addition of colour • New design Using this feedback, we have designed a new medal (Image 1). We have kept the same medal shape, recognising there was minimal feedback requesting to change these elements. Changes to these components were found to incur the most cost, and therefore keeping the current medal shape and size at 60mm keeps costs low. Costings: Costs detailed below are based on the new design shared with the medal supplier. The die is estimated to cost £290 per 100 medals. Changes to the design may impact on these costs.

Option	No. of Medals	Item Cost	Delivery Method	Total Costs
1.	100	£6.50 (inc green and yellow ribbon)	Air from China (6-8 weeks)	£940 (Die cost = 290 + £650) Equivalent to £9.40 per medal
2.	100	£4.75 (inc green and yellow ribbon)	Sea from China (12-14 weeks)	£765 (Die cost = 290 + £475) Equivalent to £7.65 per medal

The medals ordered in 2018 cost £5, with a die cost of £220. The medal supplier has confirmed that in 2018, the medals with coloured enamel would have cost £6.25. The new costings were found to be reasonable and comparable, with a small increase attributed to the new design, including coloured enamel and the impact of increased costs of raw materials and global transportation. Purchasing 250 medals would save about 75p per medal. Based on last year's distribution of 34 medals to Goal Getters, 250 medals would cover more than 7 years' worth. Considering the likelihood of members desiring a new design within this timeframe, the Working Group feel it is more appropriate to order 100 medals. Moreover, if we decide to reorder these medals, there would be no additional die charge since it is a one-time fee Request for Committee: Financial approval to proceed order with medal supplier Image 1:



AOB

- Locking up TRFC have been contacted and it discussed more than once. They have agreed there should not be an issue and should not happen, but it is. They requested we just let the bar know we are out prior to running in summer months. When we did this barman questioned why! I think we have an issue against one member of staff unfortunately and doesn't seem anyone can do anything about it.

	<ul style="list-style-type: none"> • TRFC notice board- Dave is short of time presently but will get it updated shortly. Also need to locate the key to open. • Active Festival – volunteer have come forward so we should have enough. • Bingo- can we all please promote and attend. • Need one of the coaches to attend the meeting to discuss LIRFs, CIRFs etc 	
6	<p>Committee Meeting Dates for 2023</p> <p>- All due to be held at Trowbridge Rugby Club at 8.15pm on the first Tuesday of the month.</p> <ul style="list-style-type: none"> ✘ Tuesday 4th July 2023 ✘ Tuesday 1st August 2023 ✘ Tuesday 5th September 2023 ✘ Tuesday 3rd October 2023 ✘ Tuesday 7th November 2023 ✘ Tuesday 5th December 2023 	

The Chair closed the meeting at 21:39 pm

Signed:

Date:

Appendix one – Income and expenditure report

AVON VALLEY RUNNERS - INCOME AND EXPENDITURE

May-2023

Balance b/fwd from:	<u>30-Apr-2023</u>	<u>£ 15,315.50</u>
Income		
Membership	£ 634.50	
EA Subs	£ 170.00	
Presentation Night	£ -	
Other Social	£ -	
Club Kit	£ 42.00	
AVR Half	£ 188.00	
AVR OTH	£ -	
AVR 5k	£ 1,234.00	
	£ -	
Other AVR Races	£ -	
	£ -	
AVT	£ -	
Other Races	£ -	
Special Projects	£ -	
Coaching	£ -	
Volunteers	£ -	
Other	£ -	
Total Income	£ 2,268.50	£ 17,584.00
Expenditure		
EA Subs	-£ 1,037.00	
Membership	-£ 32.18	
Presentation Night	-£ 250.00	
Other Social	£ -	
Club Kit	-£ 0.70	
AVR Half	-£ 309.40	
AVR OTH	£ -	
AVR 5k	-£ 662.20	
	£ -	
Other AVR Races	£ -	
Other Races	£ -	
	£ -	
AVT	£ -	
Other	£ -	
Coaching	-£ 119.26	
Volunteers	£ -	
Special Projects	£ -	
Fees	-£ 324.59	
Tfr to Deposit A/C	£ -	
Total Expenditure	-£ 2,735.33	
Balance as at:	<u>31-May-2023</u>	<u>£ 14,848.67</u>

Cash Reconciliation		
Nos		
£ 20.00	£ -	
£ 10.00	£ -	
£ 5.00	£ -	
£ 2.00	£ -	
£ 1.00	£ -	
£ 0.50	£ -	
£ 0.20	£ -	
£ 0.10	£ -	
£ 0.05	£ -	
£ 0.02	£ -	
£ 0.01	£ -	
	Cash £ -	
	Cheques £ -	
	Inc Cheques £ -	
	As at: 31-May-2023	

Unpresented Cheques:		
	£ -	
	£ -	
	£ -	
	£ -	
	£ -	
Total	£ -	

Sub Accounts:		
AVT	£ 130.00	
Special Projects	£ -	
Sub Accounts Total	£ 130.00	
Budgets:		
Fees	£ 2,832.01	
Coaching	£ 2,340.99	
Volunteers	£ 1,000.00	
Social	£ 628.00	
Presentation Night	£ 2,250.00	
Budgets Total	£ 4,460.01	

Committed Liabilities		
Track Resurface	£ 3,500.00	
	£ -	
	£ -	
	£ -	
	£ -	
	£ -	
Total	£ 3,500.00	

Financial Status		
Bank account	£ 14,848.67	
Money to be banked	£ -	
Unpresented Cheques	£ -	
Ledger Balance	£ 14,848.67	
Balance in Deposit acc	£ 5,051.40	
Total cash assets	£ 19,900.07	
Stock of Club kit	£ 3,173.00	
Cash held by EntryCentral	£ 50.00	
Cash held by AVT	£ 708.93	
Fixed Assets	£ 3,078.10	
Total assets	£ 26,910.10	

Available Balance	£ 6,758.66
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