

Avon Valley Runners Committee Meeting

Held at Trowbridge Rugby Club on
Tuesdays 7th February 2022



Committee members present	
Sara Robert	Chair
Dave Hyde	Honorary Secretary
Vicky Bodman	Vice Chair
Jay Simms-Bagshaw	Safeguarding Lead
Emma Day	Membership Secretary
Simon Reeves	Honorary Treasurer
Debbie Ellis	AVRY Secretary
Andrew Sharratt	Off Road Race Secretary
Martin Russam	Road Race Secretary
Caroline Scott	Multi Sport Secretary
Also present	
NA	NA

The Chair opened the meeting at 20:30 pm

Item	Minute	Action
1	<p>Welcome and apologies for absence. Declaration of quorum.</p> <p><i>The Chair welcomed all.</i></p> <p><i>Apologies for absence were received from, Jay Sims, Vicky Bodman, Hayley Anderson (Minutes Secretary) Dave Hyde will be taking the minutes in her absence.</i></p> <p><i>The meeting was declared quorate.</i></p>	
2	<p>Review and Approval of the minutes of the AVR Committee meeting held on 14/02/2023</p> <p><i>The minutes of the AVR Committee meeting held on 14th January 2023 were approved as a fair and accurate record of the meeting.</i></p>	
3	<p>Reports</p> <p><i>Relevant committee members are encouraged to provide a brief written report / update in advance of the meeting, which are circulated to the committee via the Secretary. Committee then note and discuss as required.</i></p> <p>a. Treasurer's report</p> <p><i>SR has provided a copy of the Income and expenditure report for January 2023. The format has reverted to when SR was treasurer previously. A copy of this report can be found in appendix one.</i></p> <p>b. Kit report</p> <p><i>None.</i></p> <p>c. Club captain reports</p>	SR

- Road

MR reported: 2023 WRRL fixtures are now out. Plan is these fixtures will be AVR Road League fixtures also to keep it simple.

I have promoted on members FB page and set up events for the available fixtures which are open for entry.

I have also attended club training nights on a Monday and Wednesday interval session to promote.

MR

- Off Road

AS reported the following: One League race in the month (Slaughterford 9), well attended with over 20 runners, AVR won first lady (Georgia Wood) and 4th man (Ben Mees)
Next League race is Lungbuster.

AS

Working on improving visibility of off-road events to AVR members (initially to the end of April (but will extend to June)

d. Membership Secretary report

membership figures for January 2023

Membership Stats	January
Number joined in month	6
Number of brand new members this month	4
Number of EA members this month	4
Number of Life Members	25
Total number of members this year	31
Total number of paying members this year	6
Total number of EA members this year (inc changes to claims)	4
Total brand new members this year	4
Total Number of Youth this year	2
Total Number of SEN this year	4
Total Number of V40 this year	2
Total Number of V50 this year	6
Total Number of V60 this year	3
Total Number of V70 this year	8
Total Number of V80 this year	6

ED

e. Avon Valley Triathletes (AVT)

	<p>AVT report</p> <ul style="list-style-type: none"> Swimming coaching is changing from Christian Coates to Kieth Withers and Steve Clarke. We have requested an additional lane to support 'back to basics. We are moving to a model of signing up for sets of lessons to reduce costs for some and encourage sustained attendance. The sessions will be progressive and leading up to the beginning of the tri season. Zwift has started and it has been growing in popularity - we are looking at ways to bring the team together. The AVT feather banner has been ordered - it is the same spec as the AVR one. There are now 11 teams entered into the 51 fiver tri relay The aquathon was a success and there are a few now signed up for the tri a tri <p>f. AVR Youth None.</p>	<p>CS</p> <p>DE</p>
<p>4</p>	<p>Committee discussion</p> <p>a. Presentation Night Review</p> <p>VB will no longer be part of the awards Comm. AVT need a Representee. We need to review WG asap. Consideration of who will present next year. Awards still too long. Social WG are working on ideas for next year. Proposed changing date next year to March. WG to do Survey monkey to give options 1st weekend in fen 1st weekend in March or don't mind.</p> <p>b. Off Road League Cotswold</p> <p>Good Turnouts over off-road events and a good upturn in promotion. Approval for Gary Mac to run Cotswold relay and fund minibus as required. Is there any point combining the Wilts league and AVR league as results will be the same. Propose a Club pole what would the club like for the club off road league 1. Do you want an off-road summer league? 2. Suggesting 8 races between April and October. Andrew will do survey.</p> <p>c. AVT</p> <p>AVT Cycling Proposal - AVT currently have very little in place for cycling development. The working group therefore propose to the AVR committee that AVT will, if approved, work with Westbury Wheelers (WW) for cycling provision.</p> <p>Within AVT we have a keen group of cyclists however do not have sufficient individuals or experience to lead a varied group of rides that can cater for all our members abilities.</p> <p>A number of members already cycle with WW across most of the groups.</p> <p>We have discussed with WW and would like to recommend to our AVT cyclists' membership of WW to assist with their cycling development. WW would recommend AVT/AVR for any Triathlon/running provision.</p> <p>Additionally, they would be able to provide some coaching, bike maintenance and a link person between AVT and AVR.</p> <p>AVT would be able to promote AVT events within Westbury Wheelers and similarly Westbury Wheelers would be able to promote WW events within AVT.</p> <p>AVR Committee are happy for AVT to work in calibration with WW on promoting training sessions.</p> <p>d. Road Race League Transport</p> <p>Road Race fixtures are out and promoting. Suggested reports written for enews also. Agree to arrange minibus should it be valid. Transport.</p> <p>e. One Drive Security</p> <p>Contact Andy Hodd to request password protection.</p> <p>f. Track Update</p> <p>DH to arrange a joint site visit with original installer to look at state of track and best advice to repair/ update.</p> <p>g. Thursday session You perform are aware they need to join, and use run together. This hasn't be</p>	<p>SR,DH,VB</p> <p>AS</p> <p>CS</p> <p>CS</p> <p>MR</p> <p>ED</p> <p>DH</p>

	happening but we will monitor	
	<p>AOB</p> <ol style="list-style-type: none"> 1. Vicky Bodman – been appointed Vice Chair not necessary attending meetings 2. Entry Central needs a clean-up. Need to determine who has what access rights 3. AVR direct emails being followed up with AH as Simon believes it is possible to send AVR emails out from your own address. 4. AVR FASTER Members have suggested they are a problem for AVR. The line for all abilities needs removing from advertising sessions. 	
6	<p>Committee Meeting Dates for 2023</p> <p>- All due to be held at Trowbridge Rugby Club at 8.30pm on the first Tuesday of the month.</p> <ul style="list-style-type: none"> ✘ Tuesday 7th March 2023 ✘ Tuesday 4th April 2023 ✘ Tuesday 2nd May 2023 ✘ Tuesday 6th June 2023 ✘ Tuesday 4th July 2023 ✘ Tuesday 1st August 2023 ✘ Tuesday 5th September 2023 ✘ Tuesday 3rd October 2023 ✘ Tuesday 7th November 2023 ✘ Tuesday 5th December 2023 	

The Chair closed the meeting at 22:15 pm

Signed:

Date:

Appendix one – Income and expenditure report

AVON VALLEY RUNNERS - INCOME AND EXPENDITURE

Jan-23

Balance b/fwd from: 31-Dec-2022		<u>£ 17,571.91</u>
Income		
Membership	£ 75.00	
EA Subs	£ 34.00	
Presentation Night	£ 1,650.00	
Other Social	£ -	
Club Kit	£ 58.00	
AVR Half	£ -	
AVR OTH	£ -	
AVR 5k	£ -	
AVR 5x5	£ -	
Other AVR Races	£ -	
JAVR	£ -	
AVT	£ -	
Other Races	£ -	
Special Projects	£ -	
Coaching	£ -	
Volunteers	£ -	
Other	£ -	
Total Income	£ 1,817.00	£ 19,388.91
Expenditure		
EA Subs	£ -	
Membership	-£ 4.36	
Presentation Night	-£ 508.57	
Other Social	-£ 372.00	
Club Kit	-£ 0.98	
AVR Half	£ -	
AVR OTH	-£ 31.00	
AVR 5k	£ -	
AVR 5x5	£ -	
Other AVR Races	£ -	
Other Races	£ -	
JAVR	£ -	
AVT	£ -	
Other	£ -	
Coaching	£ -	
Volunteers	£ -	
Special Projects	£ -	
Fees	-£ 365.00	
Tfr to Deposit A/C	£ -	
Total Expenditure	-£ 1,281.91	
Balance as at: 31-Jan-2023		<u>£ 18,107.00</u>

Cash Reconciliation	
Nos	
£ 20.00	£ -
£ 10.00	£ -
£ 5.00	£ -
£ 2.00	£ -
£ 1.00	£ -
£ 0.50	£ -
£ 0.20	£ -
£ 0.10	£ -
£ 0.05	£ -
£ 0.02	£ -
£ 0.01	£ -
	Cash £ -
	Unpresented Cheques
	Inc Cheques £ -
	As at: 31-Jan-2023

Unpresented Cheques:	
	£ -
	£ -
	£ -
	£ -
	£ -
Total	£ -

Sub Accounts:	
AVR Juniors	£ 435.00
AVT	£ 250.00
Special Projects	£ -
Sub Accounts Total	£ 685.00
Budgets:	
Fees (£5,000)	£ 4,635.00
Coaching (£2,500)	£ 2,500.00
Volunteers (£2,000)	£ 2,000.00
Social (£1,000)	£ 628.00
Presentation Night (£2,500)	£ 3,641.43
Budgets Total	£ 13,404.43

Financial Status	
Bank account	£ 18,107.00
Money to be banked	£ -
Unpresented Cheques	£ -
Ledger Balance	£ 18,107.00
Balance in Deposit acc	£ 5,038.68
Total cash assets	£ 23,145.68
Stock of Club kit	£ 3,565.00
Money held at EntryCentral	£ 50.00
Fixed Assets	£ 2,808.30
Total assets	£ 29,568.98

Committed Liabilities	
	£ -
	£ -
	£ -
	£ -
	£ -
Total	£ -

Available Balance	£ 4,017.57
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