

Avon Valley Runners Committee Meeting

Held at Red Admiral on
Tuesdays 11th April 2023



| Committee members present | |
|---------------------------|-------------------------|
| Sara Robert | Chair |
| Dave Hyde | Honorary Secretary |
| Caroline Scott | AVT |
| Simon Reeves | Honorary Treasurer |
| Andrew Sharratt | Off Road Race Secretary |
| Martin Russam | Road Race Secretary |
| Hayley Anderson | Minutes Secretary |
| | |
| Also present | |
| Gary Macallister | Westbury 5K Director |

The Chair opened the meeting at 20:22 pm

| Item | Minute | Action |
|------|--|-----------------------------------|
| 1 | <p>Welcome and apologies for absence. Declaration of quorum.</p> <p><i>The Chair welcomed all.</i></p> <p><i>Apologies for absence were received from Vicky Bodman (vice chair) & Debbie Ellis (AVR Youth), & Jay Simms-Bagshaw (Safeguarding Lead).</i></p> <p><i>The meeting was declared quorate.</i></p> | |
| 2 | <p>Review and Approval of the minutes of the AVR Committee meeting held on 07/02/2023</p> <p><i>The minutes of the AVR Committee meeting held on 7th March 2023 were approved as a fair and accurate record of the meeting.</i></p> | |
| 3 | <p>Reports</p> <p><i>Relevant committee members are encouraged to provide a brief written report / update in advance of the meeting, which are circulated to the committee via the Secretary. Committee then note and discuss as required.</i></p> <p>a. Treasurer's report</p> <p><i>SR has provided a copy of the Income and expenditure report for March 2023. A copy of this report can be found in appendix one.</i></p> <p><i>SR went through all the expenditures with the committee</i></p> <p>b. Kit report</p> <p><i>None.</i></p> <p>c. Road Secretary Report</p> | <p>SR</p> <p>MR</p> |

MR reported:

Road Race Update - races have been promoted with 1st WRRL race Sunday with the Devizes Half. Unfortunately, due to timing of when WRRL races were announced I know a few runners already had made plans for other races. So not a great take up. Corsham 10k is looking more popular.

Will continue to promote with comms & mentions on club nights. Thanks to Dave & Sarah to including WRRL fixtures in e-news & valley news.

- Off Road Secretary Report

AS reported the following:

None.

d. Membership Secretary report

Membership figures for March 2023 are Approx 230

e. Avon Valley Triathletes (AVT)

AVT report

- The tri season is just beginning, and we had the aquathon today and Oldbury coming up (15 have already signed up for Oldbury so there will be a big AVT turn out there).
- We are looking to do a coached transition session end of April/beginning of May - Steve is doing a risk assessment
- Yellow rides with Westbury Wheelers are now being promoted with a link person cycling AVT members, who are interested in the ride, to Westbury on Sunday mornings (Alan and Maria)
- Segment of the month will start this month and Darren will be promoting it further, we will also build it in to some of the the Cycle to Breakfast rides.
- We now have an extended Run/Cycle to Breakfast plan which is pinned to the AVT Facebook page. It is championed by cycle/run buddy volunteers.
- AVT vest have arrived so you will start seeing them around
- The AVT feather banner has arrived, and we will be taking it to some events

f. AVR Youth

AVR Youth Report

March has seen the numbers of juniors remain steady we have about 14 young athletes attending on a Monday and Wednesday evening.

2. We have had 3 people step back from AVR Youth due to personal reasons, so we are now more limited on CIRFs but in particular LIRF or volunteers. We are in the progress of looking at recruiting more volunteers for Monday and Wednesday evenings.

3. We are looking at the membership numbers for all AVRY. As some of the young athletes have been doing a 3 week trial before they join we need to ensure they have all joined if they have stayed with us this will include EA membership.

4. The cross country season ended on a high with several of our juniors qualifying through the school events.

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| | <p>Ed Hill was for U13 Boys was selected to represent the County at South West Champs on 8th January. Congratulations to him.</p> <p>George Sawyer - Completed the Street 5K series and improving his time each race to a PB of 21.29 and was Junior Runner for the last race and for the overall series. Many congratulations to him.</p> <p>5. We have now broken up for the School Easter holidays and will return on Monday 17th April.</p> | DE |
| 4 | <p>Committee discussion</p> <p>a. Gary MacAlistair Westbury 5k Westbury 5K – entries are trickling in; race licence is all in place. Gary to look into volunteers and Martin Russam to ask the Goal Getters as this will earn them some points. Look to make one of the 5K events a pacer event.</p> <p>Cotswold relay – not many people have signed up. There are many members of the club that are not aware of what the Cotswold Relay is 1st July 2023. Look at getting the minibus again this year. Will try active Trowbridge first.</p> <p>b. Treasurer report Agreed that AVT pay pal accounts will now be incorporated into the main accounts so that the monies in and out are accounted for.</p> <p>c. AVR Track TRC want the payment by end of April, they will then supply a date for when the work will be done. £3500 to be paid a TRCFC are paying the VAT. Family Bingo fund raiser is 23rd June to help out towards the costs.</p> <p>d. Website log in More discussion needed around how the website is working in order for members to log in and submit the races. Will Hargreaves manages the website and after last month's meeting, we will plan to arrange Paul Dredge to have a conversation with him.</p> <p>e. Update on Minibus for Road Race and other bits The Active Trowbridge minibus seems to be booked up in advance, Dave Hyde is looking at the different available. 17th June Broad Haven 5 miler Will advertise the fact the members who do 6 out of 8 races will be put into a draw for a free AVR pace. Also looking into some form of recognition for those members who take part in 6 of the 8 races.</p> <p>f. AVT points Swimming/Website AVT would like a section on the website, advised to speak to Paul Dredge who will then be able to speak to Will to see if this is something that can be done. Update to be provided in May 2023 committee meeting.</p> <p>Can AVT by KIT and store this in the Locker. Committee has said yes if there is space in the locker. We may need to jiggle around how the space is managed.</p> <p>Active Trowbridge Day 8th July – AVT would like to have a stand there. Would be good to combine this with AVR</p> | |

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| | <p>AOB</p> <p>a. <i>Look at starting up trail runs again, Dave Hyde to contact Simon Taylor.</i></p> <p>b. <i>Club captain role to support the off road and road secretaries. This will be a support role to help generate the interest in the leagues.</i></p> | |
| <p>6</p> | <p>Committee Meeting Dates for 2023</p> <p>- All due to be held at Trowbridge Rugby Club at 8.30pm on the first Tuesday of the month.</p> <ul style="list-style-type: none"> ☒ Tuesday 2nd May 2023 ☒ Tuesday 6th June 2023 ☒ Tuesday 4th July 2023 ☒ Tuesday 1st August 2023 ☒ Tuesday 5th September 2023 ☒ Tuesday 3rd October 2023 ☒ Tuesday 7th November 2023 ☒ Tuesday 5th December 2023 | |

The Chair closed the meeting at 10:18 pm

Signed:

Date:

Appendix one – Income and expenditure report

AVON VALLEY RUNNERS - INCOME AND EXPENDITURE

Mar-23

| | | | |
|--------------------------|-------------|-----------------|--------------------|
| Balance b/fwd from: | 28-Feb-2023 | | <u>£ 14,072.26</u> |
| Income | | | |
| Membership | £ | 2,762.50 | |
| EA Subs | £ | 1,088.00 | |
| Presentation Night | £ | - | |
| Other Social | £ | - | |
| Club Kit | £ | 262.00 | |
| AVR Half | £ | - | |
| AVR OTH | £ | - | |
| AVR 5k | £ | 57.00 | |
| Other AVR Races | £ | - | |
| AVT | £ | - | |
| Other Races | £ | - | |
| Special Projects | £ | - | |
| Coaching | £ | - | |
| Volunteers | £ | - | |
| Other | £ | - | |
| Total Income | £ | 4,169.60 | £ 18,241.76 |
| Expenditure | | | |
| EA Subs | -£ | 48.00 | |
| Membership | -£ | 154.02 | |
| Presentation Night | -£ | 984.60 | |
| Other Social | £ | - | |
| Club Kit | -£ | 4.40 | |
| AVR Half | -£ | 1,877.57 | |
| AVR OTH | -£ | 130.00 | |
| AVR 5k | £ | - | |
| Other AVR Races | £ | - | |
| Other Races | £ | - | |
| AVT | -£ | 210.00 | |
| Other | -£ | 59.80 | |
| Coaching | £ | - | |
| Volunteers | £ | - | |
| Special Projects | £ | - | |
| Fees | -£ | 519.00 | |
| Tfr to Deposit A/C | £ | - | |
| Total Expenditure | -£ | 3,987.39 | |
| Balance as at: | 31-Mar-2023 | | <u>£ 14,254.37</u> |

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|---------------------------|--------------------|
| Financial Status | |
| Bank account | £ 14,254.37 |
| Money to be banked | £ - |
| Unpresented Cheques | £ - |
| Ledger Balance | <u>£ 14,254.37</u> |
| Balance in Deposit acc | £ 5,051.40 |
| Total cash assets | £ 19,305.77 |
| Stock of Club kit | £ 3,305.00 |
| Cash held by EntryCentral | £ 50.00 |
| Fixed Assets | £ 2,868.10 |
| Total assets | £ 25,528.87 |

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|----------------------------|-------------|-------------|
| Cash Reconciliation | | |
| <u>Nos</u> | | |
| £ | 20.00 | £ - |
| £ | 10.00 | £ - |
| £ | 5.00 | £ - |
| £ | 2.00 | £ - |
| £ | 1.00 | £ - |
| £ | 0.50 | £ - |
| £ | 0.20 | £ - |
| £ | 0.10 | £ - |
| £ | 0.05 | £ - |
| £ | 0.02 | £ - |
| £ | 0.01 | £ - |
| | Cash | £ - |
| | Cheques | £ - |
| | Inc Cheques | £ - |
| | As at: | 31-Mar-2023 |

| | |
|-----------------------------|------------|
| Unpresented Cheques: | |
| £ | - |
| £ | - |
| £ | - |
| £ | - |
| £ | - |
| Total | £ - |

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| Sub Accounts: | |
| AVR Juniors | -£ 80.00 |
| Special Projects | £ - |
| Sub Accounts Total | -£ 80.00 |

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|----------------------|-------------------|
| Budgets: | |
| Fees | £ 3,781.00 |
| Coaching | £ 2,460.25 |
| Volunteers | £ 1,000.00 |
| Social | £ 628.00 |
| Presentation Night | -£ 408.57 |
| Budgets Total | £ 7,869.25 |

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|------------------------------|------------|
| Committed Liabilities | |
| £ | - |
| £ | - |
| £ | - |
| £ | - |
| £ | - |
| £ | - |
| Total | £ - |

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|--------------------------|-------------------|
| Available Balance | £ 6,465.12 |
|--------------------------|-------------------|