

Avon Valley Runners Committee Meeting



**Held at Trowbridge Rugby Club on
Thursday 14th January 2023**

Committee members present	
Sara Robert	Chair
Dave Hyde	Honorary Secretary & Vice-Chair
Hayley Anderson	Minutes Secretary
Jay Simms-Bagshaw	Safeguarding Lead
Emma Day	Membership Secretary
Andrew Sharratt	Off Road Secretary
Also present	
NA	NA

The Chair opened the meeting at 20:34 pm

Item	Minute	Action
1	<p>Welcome and apologies for absence. Declaration of quorum.</p> <p><i>The Chair welcomed all.</i></p> <p><i>Apologies for absence were received from, Simon Reeves (Honorary Treasurer), Caroline Scott (Muilt Sport Secretary). Debbie Elllis (JAVR Secretary), Martin Russam (Road Race Secretary)</i></p> <p><i>The meeting was declared quorate.</i></p>	
2	<p>Review and Approval of the minutes of the AVR Committee meeting held on 01/11/2022</p> <p><i>The minutes of the AVR Committee meeting held on 6th December 2022 were approved as a fair and accurate record of the meeting.</i></p>	
3	<p>Reports</p> <p><i>Normally the relevant committee members are encouraged to provide a brief written report / update in advance of the meeting, which could be circulated to the committee via the Secretary. Committee can then note and discuss as required.</i></p> <p><i>No reports provided for this meeting as they were provided and discussed at the AGM.</i></p> <p>1. Treasurer's report None.</p> <p>2. Kit report None.</p> <p>1. Club captain reports</p> <p>1. Road</p>	

	<p>2. Off Road None.</p> <p>3. Membership Secretary report None.</p> <p>4. Off Road None.</p> <p>5. Avon Valley Triathletes (AVT) None.</p> <p>6. AVR Youth None.</p>	
<p>4</p>	<p>Committee updates and discussion</p> <p>1. Storage <i>Storage container based at TRC the unit is not waterproof, in this cold weather condensation is causing an issue. Quick fix for now is to purchase plastic storage to store items in. Hayley and Dave to explore options on how to make the storage container watertight.</i></p> <p>2. Presentation Night <i>The Awards team need the Committee to vote on the awards sent out by Vicky Bodman</i> <i>There has also been an extension to when people can purchase their tickets, however the need to confirm by the deadline that they are coming due to the working committee needing to provide numbers to the civic centre.</i></p> <p>3. AVR Members Pack <i>Hayley has agreed to look at creating the member's pack. She will contact Caroline Scott to see what they have for AVT in order to keep some consistency.</i></p> <p>4. Promotion of league <i>This will be discussed at next meeting when both the Road and Off Secretaries are in attendance. However AS will promote via Facebook the remaining off road league races to make members aware.</i></p> <p>5. 2023 Calendar</p> <p>1. Imber Ultra 5th March</p>	

	<p>2. Westbury 5K 9th May 3rd June, 11th July, 12th September – RD Gary Macallister</p> <p>3. 8th June MOB Match – RD TBC</p> <p>4. 1st July AVR Relay – RD Debbie Ellis</p> <p>5. 19th July Track Championship – RD TBC</p> <p>6. 17th August Bern Col – RD Denise and Jay</p> <p>7. 7th September Tony Barlett Mile RD – Jay</p> <p>8. 5th November OTH – RD Ed Knusden</p> <p>9. 26th November AVR Half – RD Vicky & Hayley</p> <p>10. French Trip and Coronation 5K</p> <p><i>French Trip organised by Trowbridge Town Council has been postponed by the Town Council until next February 2024. The French council are bringing runners over for the coronation weekend to attend the Coronation celebrations and the Coronation 5k. We have been approached to see if any AVR members would be willing to host a runner for the weekend. A post to go out on FB and information to be added into the newsletter.</i></p> <p>11. New Interval Session</p> <p><i>Thursday Intervals Session with a performance coach 7pm at the track TRFC to start 26th January 2023</i></p> <p>12. 5k to 10k Improvers</p> <p>Jay raised that it would be great to bring back the 5k to 10k improvers session – Jay to look into this.</p>	
<p>6</p>	<p>Committee Meeting Dates for 2023</p> <p>I. All due to be held at Trowbridge Rugby Club at 8.30pm on the first Tuesday of the month.</p> <p>1. Tuesday 7th February 2023</p> <p>2. Tuesday 7th March 2023</p> <p>3. Tuesday 4th April 2023</p> <p>4. Tuesday 2nd May 2023</p> <p>5. Tuesday 6th June 2023</p> <p>6. Tuesday 4th July 2023</p> <p>7. Tuesday 1st August 2023</p> <p>8. Tuesday 5th September 2023</p> <p>9. Tuesday 3rd October 2023</p> <p>10. Tuesday 7th November 2023</p> <p>11. Tuesday 5th December 2023</p>	

The Chair closed the meeting at 21:46 pm

Signed:

Date: