



# Valley News

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THE QUARTERLY NEWSLETTER OF AVON VALLEY RUNNERS {63} JAN. 2002

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## SECRETARY'S REPORT

A happy new year to our 98 members. You will notice the Newsletter taking on a new format this quarter, this is due to the retirement of Tim Northwood as editor through pressure of work. Tim has done a magnificent job over the years with his job as a printer and his command of the English language making it a hard act to follow. The year 2001 was another successful one for the club with 18 new members joining.

The club championships which entails adding your best 10 K, 10 miles and 1/2 marathon times together reached a climax in December when 34 members turned out for the Bromham 10 K.

During November so many members wanted to run in the Hayling Island 10 that a coach had to be hired.

I would like to remind members that the Club Presentation evening is on Saturday 16th February at Southwick Village Hall which is behind the Wytech on the main road, tickets from Judy Farr.

**SUBS** - Subs for 2002 are now due to Treasurer Les Unsworth and still remain at £5

P.T.O.

AVR CHAMPIONSHIPS 2001

MALE

Name	Age	10K	10M	1/2 Mar	Total
Flook B	a	00.34.44	00.58.21	01.19.08	02.52.13
Sparey K	c	00.35.06	00.59.53	01.19.49	02.54.48
Bartlett A	a	00.36.17	01.00.34	01.21.50	02.58.41
Whitehead N	e	00.40.18	01.05.46	01.28.04	03.14.08
Hudson R	a	00.39.18	01.06.48	01.28.32	03.14.38
Rockliffe A	e	00.40.41	01.08.32	01.29.26	03.18.39
Unsworth L	c	00.41.39	01.09.38	01.30.52	03.22.09
Turner P	c	00.42.32	01.13.19	01.42.06	03.37.57
Yates N	b	00.44.02	01.13.58	01.40.37	03.38.37
Jarvis D	d	00.43.15	01.18.46	01.37.11	03.39.12
Hickson A	f	00.45.47	01.15.02	01.41.08	03.41.57
Evans N	a	00.48.31	01.20.32	01.39.50	03.48.53
Phillips G	d	00.47.08	01.18.01	01.44.07	03.49.16
Pratt M	e	00.47.42	01.20.12	01.43.09	03.51.03
Meadow A	a	00.44.25	01.25.31	01.41.52	03.51.48
Griffith T	f	00.49.26	01.20.41	01.51.14	04.01.21
Farr S	f	00.54.10	01.33.28	01.59.01	04.26.39
Mellor D	f	00.52.17	01.30.35	02.04.58	04.27.50

FEMALE

Rockliffe J	g	00.43.36	01.09.45	01.36.12	03.29.33
Barber R	j	00.43.05	01.16.48	01.42.45	03.42.38
Toms V	j	00.46.43	01.16.29	01.43.21	03.46.33
Unsworth L	i	00.45.39	01.16.21	01.45.54	03.47.54
Ellis D	h	00.46.55	01.19.16	01.43.16	03.49.27
Phillips S	j	00.47.38	01.18.38	01.45.03	03.51.19
Vivian T	i	00.48.34	01.21.58	01.48.10	03.58.42
Field J	j	00.49.11	01.23.01	01.49.18	04.01.30
Stephens S	h	00.49.09	01.25.36	01.56.54	04.11.39

EVENTS

January

Sun 13 Milborne 10 10.30 am

**Thur 17 AGM Avon Sports Club (Subject to availability)**

Sun 20 Avalon XC League, eniors only -Rodway Common Bristol

Sun 27 Slaughterford 9 10.30 am - Romsey 5 11.00 am

February

Sun 3 Blackmore Vale 1/2 Marathon + 5.25 11.00 am

Sun 10 Avalon XC Swindon, Seniors only - Dursley Dozen 10.30am

- Weston Tough 10 11.00am

**Sat 16 Club Disco and Presentation - Southwick Village Hall 7.30 pm**

Sun 17 Lytchett Manor 10 10.30 am

Sun 24 Bramley 10 or 20 10.30am - Pewsey Hill 10 10.30 am

- Winchester 10 K 10.30am

March

Sun 3 Wimborne 10 10.30am - Gloucester 20 10am - Imber 1/2 Marathon 11 am ?

Sun 10 Reading 1/2 Marathon 10am

Sun 17 Avalon XC Dorchester - Bath 1/2 Marathon 11 am - Salisbury Fire 10K 11 am

Sun 24 Bath University 5K 11 am - Trowbridge Lions 10K 11 am ?

April

Mon 1 Yeovil 10k 11 am

Sun 7 Totton 10 K 2.30 pm

Wed 10 Yeovil 5K 7.15 pm

Sun 28 Bournemouth Bay 1/2 Marathon 10 am